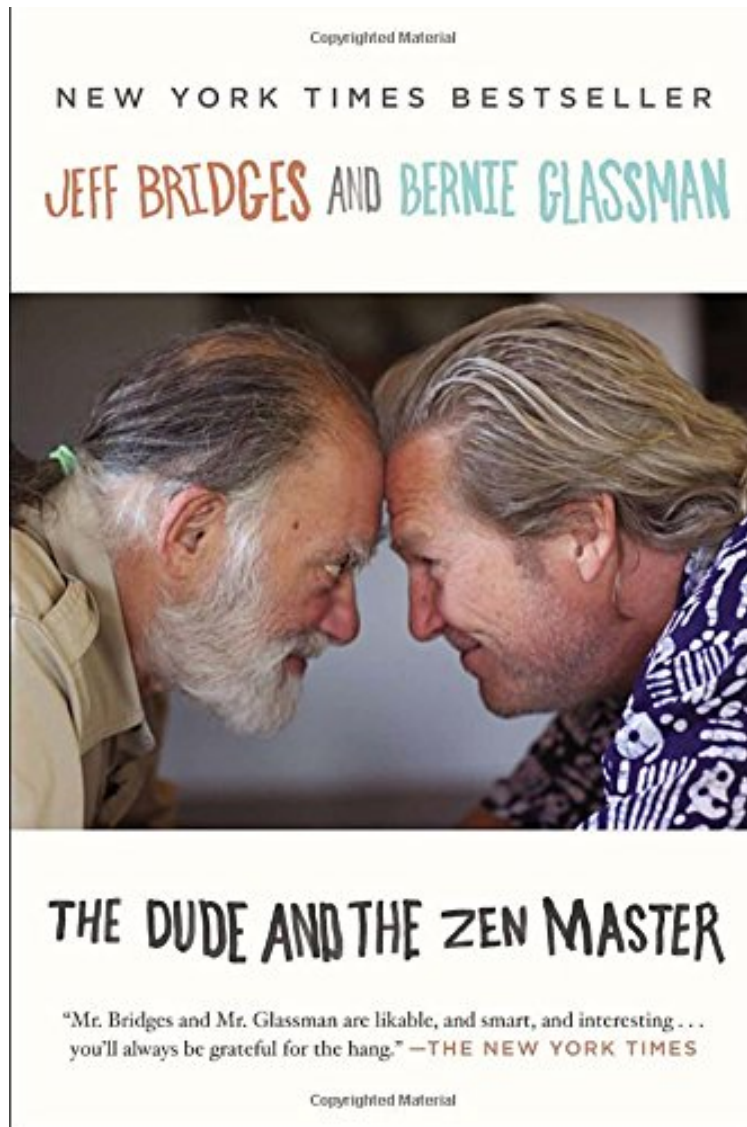


(Free) The Dude and the Zen Master

The Dude and the Zen Master

Jeff Bridges, Bernie Glassman
ebooks | Download PDF | *ePub | DOC | audiobook



[Download](#)

[Read Online](#)

#37124 in Books Jeff Bridges 2014-01-28 2014-01-28 Original language: English PDF # 1 7.71 x .62 x 5.011, .49 #File Name: 0142180521288 pages The Dude and the Zen Master | File size: 45.Mb

Jeff Bridges, Bernie Glassman : The Dude and the Zen Master before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Dude and the Zen Master:

2 of 2 people found the following review helpful. Wonderfully honest, genuine, and intimate conversation of modern-day Zen By Andrew Glasscock This charming little book is great for anyone interested in Zen, or just for any Big Lebowski fans curious about the deeper thoughts going on behind the scenes of the movie. There are excellent examples of modern-day Zen teachings, thought and practice presented here, all framed within a discussion of the film "The Big Lebowski." The book dips a little into promotional territory for Jeff and Bernie's various charitable causes

towards the end, and this is primarily the reason why I would dock a star in my rating. Their plugs are perfectly relevant to the discussion, and not overly intrusive or forced, but it can get a little distracting and may turn other readers off. It actually prompted me to think about my own involvement in charitable foundations and organizations, something I'd like to do more of, so I can't fault Jeff and Bernie for raising my own awareness. 0 of 0 people found the following review helpful. Enlightening By Justin I enjoyed reading this. I highly recommend taking your time and thinking about it frequently. This is a book that I see myself reading a lot. 0 of 0 people found the following review helpful. Part of their conversation By Susan Soule It was enjoyable to be part of their conversation and world. But if you were looking for any enlightening information this is not the book

[A] truly incredible book about two friends talking about the good life. Huffington Post Zen Master Bernie Glassman compares Jeff Bridges iconic role in *The Big Lebowski* to a Lamed-Vavnik: one of the men in Jewish mysticism who are simple and unassuming, and so good that on account of them God lets the world go on. Jeff puts it another way. The wonderful thing about the Dude is that he always rather hug it out than slug it out. For more than a decade, Academy Award-winning actor Jeff Bridges and his Buddhist teacher, renowned Roshi Bernie Glassman, have been close friends. Inspiring and often hilarious, *The Dude and the Zen Master* captures their freewheeling dialogue and remarkable humanism in a book that reminds us of the importance of doing good in a difficult world.

From Bookforum A tremendously harmless, good-natured pile of mindlessness. Chaire Sicha Mr. Bridges and Mr. Glassman are likable, and smart, and interesting... [The Dude and the Zen Master] includes compelling discussions of Mr. Bridges marriage, acting technique and close relationship with his father... you'll always be grateful for the hang. The New York Times [The Dude and the Zen Master] is an odd and wonderful little work that makes use of the transcendently funny characters and language of [The Big Lebowski] as the starting point for a relaxed philosophical discussion about a wide variety of topics. Los Angeles Times [A] truly incredible book about two friends talking about the good life. Huffington Post Whether he knows it or not, The Dudes laissez-faire attitude has become a model for coping with lifes complexities... [in] The Dude and the Zen Master, one gets the impression he or she is eavesdropping on an intimate conversation... Its more than chicken soup for the soul, [its] cacciatore for the spirit, a winners guide to optimal living a manual on how to Dude-ify oneself and just abide, man. Examiner.com (Cleveland) The Dude and the Zen Master is an exercise in likeability... [Bridges] is in rare form here... To know the Dude (and, by extension, Bridges own meditational endgame) is to love him. The Hairpin [A] good conversation between good friends... One of the unexpected treats of *The Dude and the Zen Master* is the insights into who Jeff Bridges is behind the Dude persona... touching remembrances of his parents, his reflections on life as a devoted family man, and his behind-the-scenes stories of movies hes worked on [and] profound little Zen observations and insights sprinkled throughout the book. The Dudes paper The Dude and the Zen Master doesnt read like a traditional book at all but rather riffs like a jam session... you'll feel as though you yourself sat in on the sessions with the dude behind the Dude in *The Big Lebowski* and Buddhist buddy, Bernie... And whats so cool is that the two of them manage to address many of lifes profundities relationships, politics, working, aging, living, dying in this very funny and readable jam session. Rock Cellar Magazine The Dude and the Zen Master [is] a wonderful book of conversations... about acting and Zen and the long, fond relationship between these men. Sheila Heti, Financial Times About the Author Jeff Bridges is an Oscar-winning actor, performer, songwriter, and photographer. He is a cofounder of the End Hunger Network and is the national spokesman for Share Our Strengths No Kid Hungry campaign. Bernie Glassman is a Zen master and the first dharma successor to Taizan Maezumi Roshi, founder of the Zen Center of Los Angeles. He is well known for integrating Zen practice with social, economic, and educational initiatives. He is also the author of *Instructions to the Cook and Bearing Witness: A Zen Masters Lessons in Making Peace*.