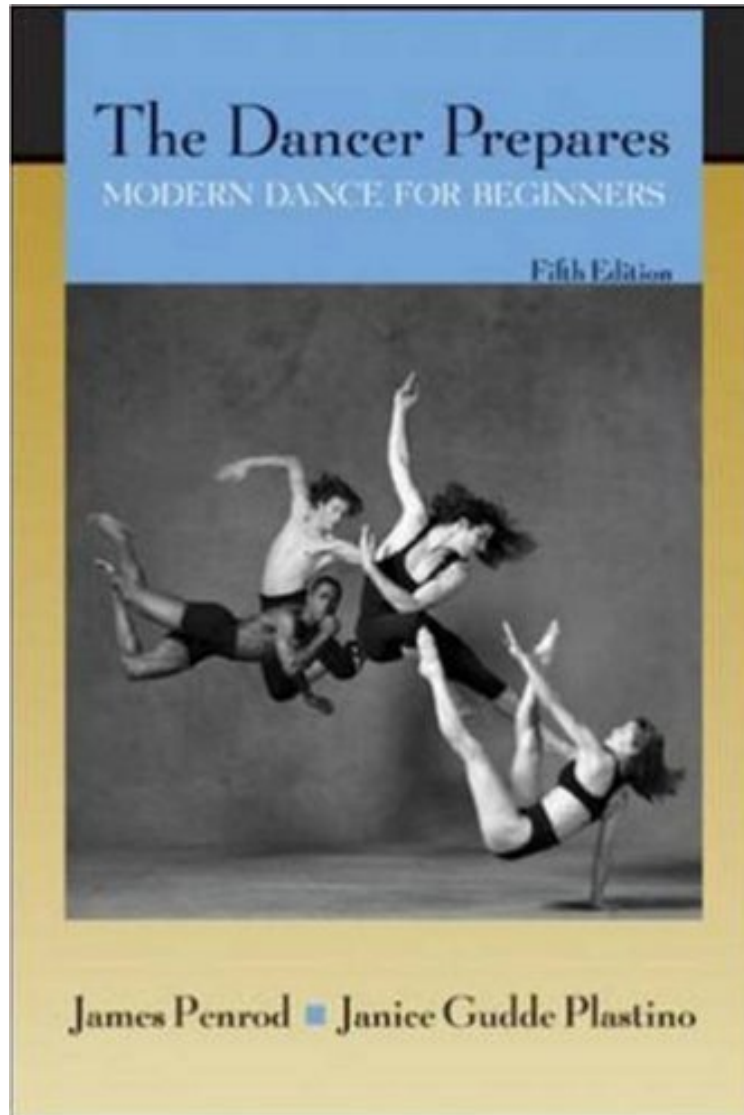


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## The Dancer Prepares: Modern Dance for Beginners

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including posture and injury concerns.