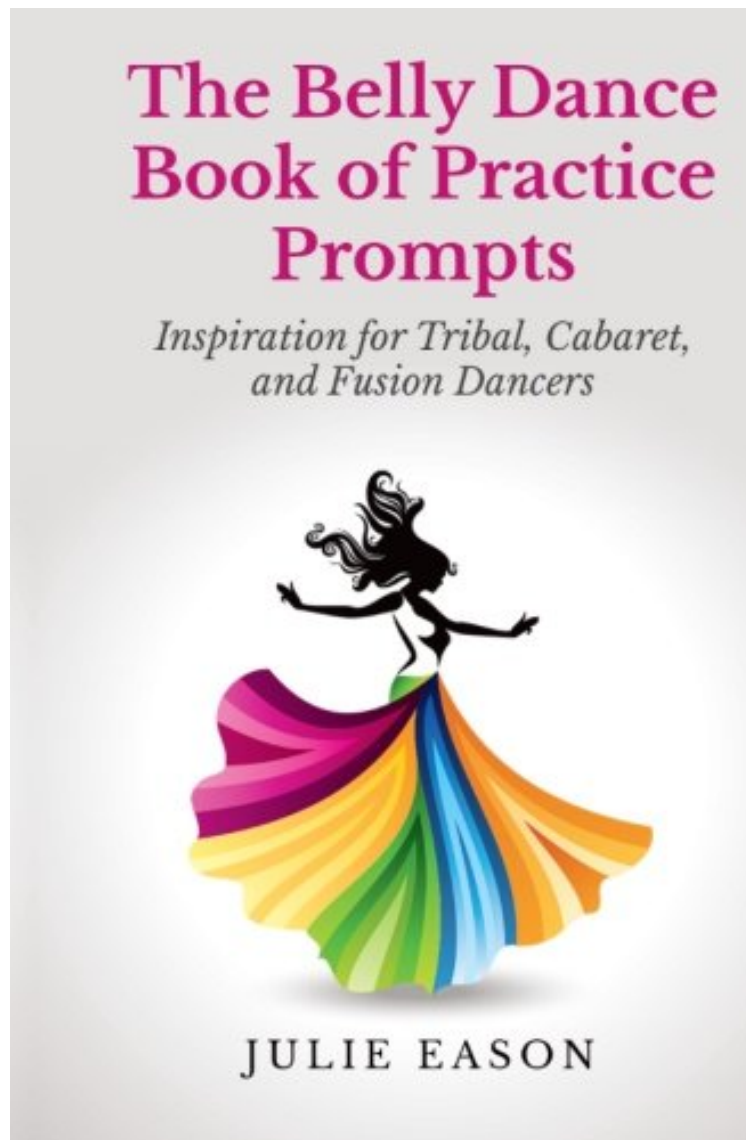


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The Belly Dance Book of Practice Prompts: Inspiration for Tribal, Cabaret, and Fusion Dancers

Julie Eason

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120 Inspiring Ideas for Your Belly Dance Practice If youre hungry for new ways to practice, youre in the right place! Do you wind up practicing the same old moves over and over again? Or do you feel stuck at your current skill level and just don't know how to progress any farther? Belly dance is so rich with possibilitiesfor creative exploration, for sisterhood, and for better fitness. Whether youre a beginner, intermediate, or professional dancer, you can bring greater depth and dimension to your dance when you practice with intention. This book will help you find a different intention every time you practice. You will expand your movement vocabulary, build stage presence (even if you never step on a stage), improve your coordination and grace, and have more fun dancing. "The Belly Dance Book of Practice Prompts" helps you: Improve your movement vocabulary Work alone and in groups Develop emotional depth in your dance Perfect your stage presence Build a regular practice habit (even if you're super busy) Stretch those dance muscles in your mind and find joy in your practice. Over \$50 worth of BONUS GIFTS INCLUDED It doesnt matter whether you're a beginner or professional ... It doesnt matter if you dance tribal, cabaret, fusion, or folkloric styles ... It doesnt matter whether you perform for thousands or just your cat ... If you want more from your belly dance practice, this book was written for you. Julie Eason is a one-woman fountain of knowledge! Princess Farhana My head has been on fire with new ideas and projects. Yipee! DeVilla Julie is fun, funny, and really really smart. Alia Thabit Are you ready to get started? Scroll up and order your copy now!

About the AuthorJulie Eason has played many roles in the belly dance community over the past 25 years. She has been a professional performer, teacher, choreographer, costume designer, troupe and company artistic director. But her favorite role has always been empowering women to reach (and exceed) their dreams. Most recently, Julie founded The Belly Dance Business Academy where she teaches dancers how to build more fulfilling and profitable businesses. Through online products and coaching, she helps teachers fill their classes and performers fill their schedules with more gigs. Julie is also a professional writer, marketer, and publisher. She is the author of "The Profitable Business Author" and the upcoming "Crowdfunding for the Performing Arts".