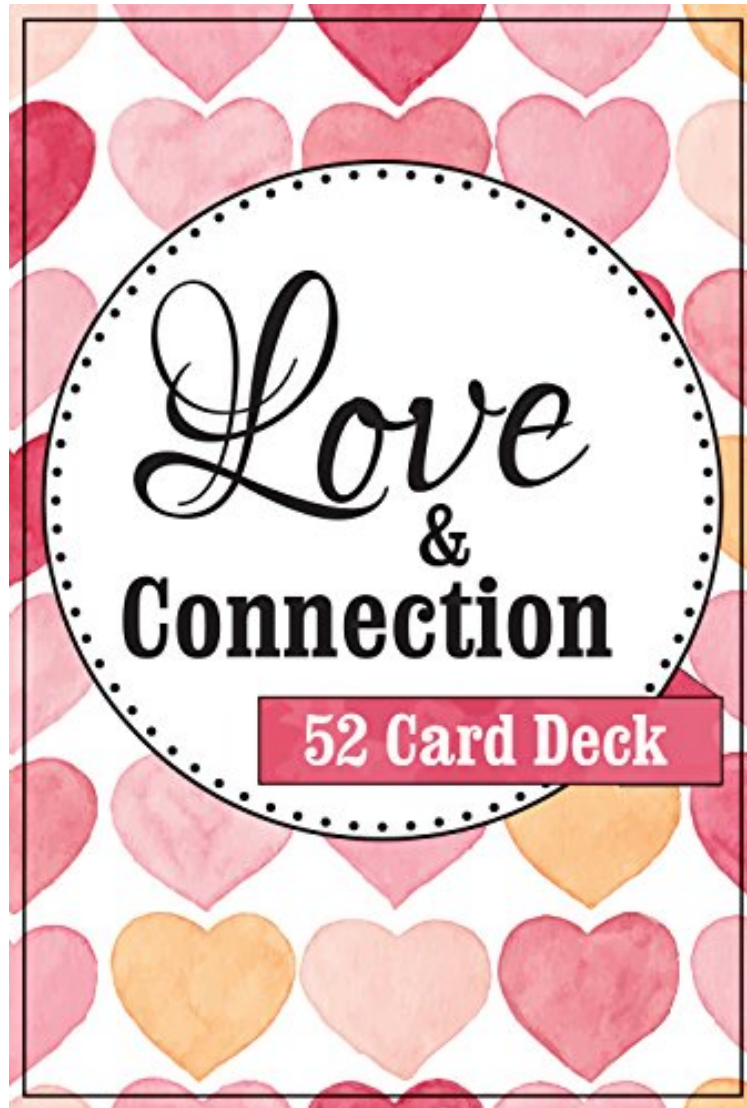


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## Love and Connection Cards

*Kathleen Mates-Youngman*

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Get back to basics and rebuild your relationship with the Love Connection Cards. This fun card deck gives you instructions for 52 simple acts of love to refocus your relationship. You and your partner can take turns each week carrying out the instruction on each card, leaving you feel more connected and your love renewed.

About the Author Kathleen Mates-Youngman, MA, LMFT, focuses on creating an empathic, connected relationship to help couples see each other, hear each other and be there for each other, hand in hand on their path of love. She has a private practice in California specializing in couples therapy and is a national speaker! Mates-Youngman is the author of the bestselling Couples Therapy Workbook: 30 Guided Conversations to Reconnect Relationships.