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#8373914 in Books 2015-10-23 Original language: English 8.50 x .46 x 5.511, .57 #File Name: 0692643117200 pages | File size: 25.Mb

PhD Janette Howard : #LIFEISTOOSHORT! (#LIEISTOOSHORT!) before purchasing it in order to gage whether or not it would be worth my time, and all praised #LIFEISTOOSHORT! (#LIEISTOOSHORT!):

This book is about #LIFEISTOOSHORT! You think Paul Walker new he would die riding in a fast car before they rolled the credits to his movie Furious 7? How about the shooting in South Carolina, where nine people were shoot

while attending bible study, you think they knew it would be their last time worshipping God? Or how about the news caster and her photographer who were gunned down while doing a human interest story in Virginia, you think they knew it would be their last day at work. My story: The last year before I finished writing this book I lost six family members (in less than six months) or I was close with the family to a person that had died. These deaths took me to a somber but sobering place and I began to reflect on how short life can truly be and the importance of living each day to its fullest. In this book I threw a little shade (TLS) mainly at myself, I'm shaking my head (SMH), mainly at myself, and then we laugh out loud (LOL) together at some of the dumb shit I've done as well as other people. The message written in this book is one that tells the importance of living your life with a purpose for yourself and enjoying life with no regrets. Too often we spend our life living for other people, jobs and trying to prove something to people who doesn't deserve a second look, we then forget to live a life directed by our own purpose. #LIFEISTOOSHORT is about having fun and enjoying every day that God allows you to wake up with a sound mind and heart. It's about not sweating the small things and having faith that God will fix the big things. It's about not being afraid of stepping out of your comfort zone and trying new things. This book is about being the director of your life's journey and not a supporting cast member who allows everyone else to direct your journey. Throughout the book I tell lots of fun and exciting ways people can go out and have a good time, it's about doing you because I'm already taken. I discuss everything from Not Your Ordinary Book Club to taking Vacations Gone Wild. There are chapters that go into details about cheating and different ways to spice up your sex life. It's not Fifty Shades of Gray, it's more like a couple shades of lust. I will close it up with this poem written by an unknown author, or at least unknown to me. (SMH/LOL) My Life I have to live with myself and so I want to be fit for myself to know. I want to be able as day go by to look myself straight in the eye. I don't want to stand with the setting sun and think of the things I have or have not done. I want to go out with my head erect. I want to deserve all men's respect. I want to be able to like myself. I don't want to look at myself and know that I'm a bluster, a bluff and an empty show. I can never hide myself from me. I see what others may never see. I know what others may never know. I can never fool myself and so whatever happens, I want to be self-respecting and conscious-free. -Unknown-

The book is enlightening, inspirational, funny and it motivates you to want to go out and enjoy life. These are the comments from the books I sold thus far, feel free to go to my webpage for further reviews, drjanettehoward.com. A very good read is what people are saying and there should definitely be a #LIFEISTOOSHORT number2!