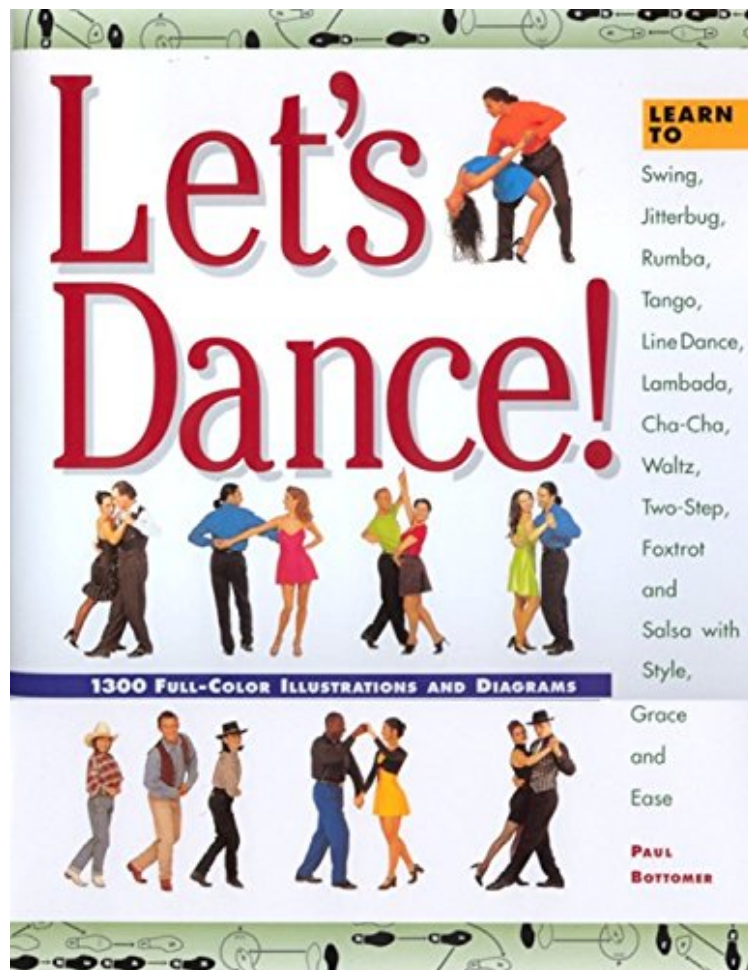


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Step-by-step lessons from the basics of the Foxtrot to the nuances of the Argentine Tango are presented in detailed description and over 1300 informative full-color photographs, illustrations and diagrams. Beginners and advanced dancers alike will find the lessons easy, fun and a novel way to spend time with new partners, add spice to mature relationships or find a new dance mate. This book covers an immense selection of styles for every kind of music from the Electric Slide, the Hustle and the Chicken Walk to the Viennese Waltz, the Slow Foxtrot and the Modern Tango. Specific dance moves like Spot Turns, Hip Twists and Feather Steps will make any couple an instant sensation on the dance floor. Full of footprint diagrams, style tips, music suggestions and hints on getting started, this big book has everything that you need to explore the exhilarating world of ballroom and club dancing.

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