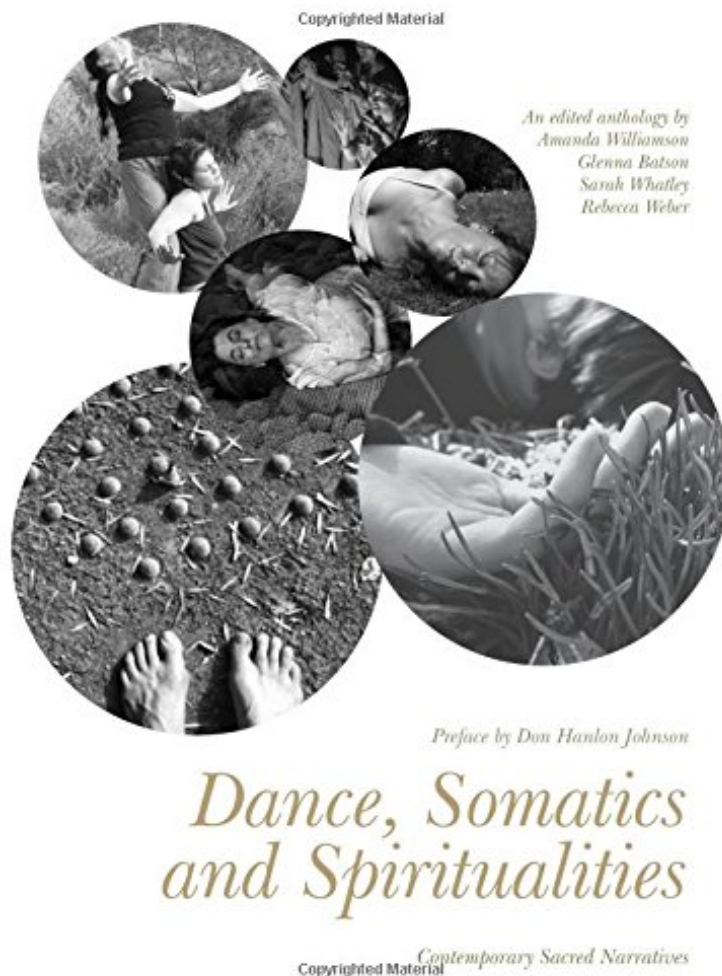


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Dance, Somatics and Spiritualities: Contemporary Sacred Narratives

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*An edited anthology by
Amanda Williamson
Glenna Batson
Sarah Whatley
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Preface by Don Hanlon Johnson

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Contemporary Sacred Narratives
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Dance, Somatics and Spiritualities brings together prominent authors and practitioners in order to elucidate how a wide range of sacred narratives/spiritualities are informing pedagogy, educational and therapeutic practice. As well as

providing new insights and promoting creative/artistic awareness, this seminal text de-mystifies the spiritual/sacred and brings clarity and academic visibility to this largely uncharted and often misrepresented subject. Our authors and contents: Don Hanlon Johnson Introduction xxiii Amanda Williamson, Glenna Batson and Sarah Whatley Part I: Moving Spiritualities 1 Amanda Williamson Chapter 1: Embodiment of Spirit: From Embryology to Authentic Movement as Embodied Relational Spiritual Practice 9 Linda Hartley Chapter 2: The Alchemy of Authentic Movement: Awakening Spirit in the Body 35 Tina Stromstead Chapter 3: Dancing in the Spirit of Sophia 61 Jill Hayes Chapter 4: Body Ensouled, Enacted and Entranced: Movement/Dance as Transformative Art 87 Daria Halprin Chapter 5: Dancing on the Breath of Limbs: Embodied Inquiry as a Place of Opening 115 Celeste Snowber Chapter 6: Can They Dance?: Towards a Philosophy of Bodily Becoming 131 Kimerer L. LaMothe, Part II: Reflections on the Intersections of Spiritualities and Pedagogy 151 Sarah Whatley Chapter 7: Reflections on the Spiritual Dimensions of Somatic Movement Dance Education 159 Martha Eddy, Amanda Williamson and Rebecca Weber Chapter 8: Postmodern Spirituality? A Personal Narrative 195 Jill Green Chapter 9: Working Like a Farmer: Towards an Embodied Spirituality 209 Helen Poynor Chapter 10: Intimate to Ultimate: The Meta-Kinesthetic Flow of Embodied Engagement 221 Glenna Batson Chapter 11: Permission and the Making of Consciousness 239 Sondra Fraleigh Chapter 12: Conversations about the Somatic Basis of Spiritual Experiences 261 Sylvie Fortin, Ninoska Gomez, Yvan Joly, Linda Rabin, Odile Rouquet and Lawrence Smith, Chapter 13: Inner Dance Spirituality and Somatic Practice in Dance Technique, Choreography and Performance 283 Kathleen Debenham and Pat Debenham Chapter 14: This Indivisible Moment: A Meditation on Language, Spirit, Magic and Somatic Practice 305 Ray Schwartz Chapter 15: Global Somatics Process: A Contemporary Shamanic Approach 327 Suzanne River, interviewed by Kathleen Melin Part III: Cultural Immersions and Performance Excursions 349 Glenna Batson Chapter 16: Dancing N/om 357 Hillary Keeney and Bradford Keeney Chapter 17: Dancing with the Divine: Dance Education and the Embodiment of Spirit, from Bali to America 373 Susan Bauer Chapter 18: The Sacrum and the Sacred: Mutual Transformation of Performer and Site through Ecological Movement in a Sacred Site 417 Sandra Reeve Chapter 19: Dancing and Flourishing: Mindful Meditation in Dance-Making and Performing 437 Sarah Whatley and Naomi Lefebvre Sell Chapter 20: What You Cannot Imagine: Spirituality in Akram Khans Vertical Road 459 Jayne Stevens

By addressing various notions about forms of spirituality within the contexts of meditative movement, classroom and other directed movement activities, and dance performance, the authors provide an expansive view of somatic experience and spirituality.